

Health Service Region 8 Influenza Activity Report MMWR Week 41, Week Ending 10/10/2014



This report covers flu surveillance activities for the 28 counties that comprise Health Service Region 8: Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, La Vaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala.

Flu Activity:

Compared to last week, flu activity is about the same. Twenty counties in Region 8 submitted reports. Of the counties that reported, 12 counties reported influenza-like-illess. Two counties reported flu A by rapid test, and two counties reported flu B by rapid test, and one county reported both flu A and flu B by rapid test.

Pediatric Deaths:

No influenza-associated pediatric mortalities have occurred locally. 20 influenza-associated pediatric deaths have occurred statewide during the 2013-2014 influenza season.

Institutional & School Outbreaks

None

Antiviral Resistance

No antiviral resistant flu reported.

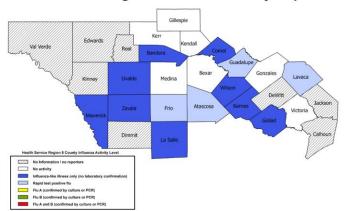
Variant Influenza Viruses

No variant or novel influenza viruses have been detected in Texas.

FLU NEWS & NOTES

- Vaccine. The 2014-15 seasonal flu vaccine is available. People need to get vaccinated each year because the
 vaccine is made to match the types of flu expected to circulate that year and because protection decreases over
 time.
- **Who?** Everyone 6 months and older should get vaccinated now. Children ages 6 months to 8 years who did not get a dose of last year's vaccine should get two doses this year.
- **Flu Season.** Officially, flu season runs from October through May. Though most flu illnesses in Texas usually occur in December, January and February, flu is unpredictable and can happen at any time. People should get vaccinated now so that they're protected for this flu season.

Health Service Region 8 Influenza Activity Map



Percentage of visits due to ILI as reported by

